

Free face-to-face support, every Tuesday. No need to book, just come along.

Stretford Community Hub Support
10am - 12pm

Stretford Public Hall is one of the six community hubs across Trafford, providing advice and guidance to the local community with food banks, emergency top-ups, support with fuel bills, other food support, and financial assistance.

Citizens Advice
9.30am - 3pm

Confidential and independent advice on legal, debt, consumer, housing and other problems, with advisors from Trafford Citizens Advice.

Housing Options (HOST), Trafford Council
9:30am - 3pm

HOST officer deals with enquiries such as looking to prevent homelessness and making decisions around homelessness. They also provide information on Trafford Homechoice and offer housing advice by providing a range of options available or signposting to relevant agencies to meet the customers need.

L&Q Employment and skills support
9:30-1pm

Housing provider L&Q on hand to support their residents in Trafford with employment and skills.

Financial Inclusion Service
(book only)
9:30-12:30pm

Financial Inclusion service where foodbank clients have the opportunity to meet with a CA advisor who can help maximise income by looking at issues they may have with the benefits system or debt.

Digital support to get online
9:30am - 11:30am

Friendly drop-in session run by Stretford Public Hall, to help you get online and safely. Use your own mobile or other device - or borrow one from us!

Debt Advice
10am - 1pm

Pop along for a face-to-face debt assessment plus additional information and guidance from the debt team.

Working Well: Support to Succeed
10:30am - 3pm (every other week)

Our friendly advisors can help you with a range of support including; wellbeing and confidence building, managing finances and budgeting, job searching and career planning, one-to-one coaching and sign-posting to specialist services.

Free
No need to book!

Trafford Carers
10am - 12pm

Advice & information from the team at Trafford Carers Centre about support and help available to unpaid carers who are caring for someone living in Trafford.

Achieve
10am-12pm

Achieve who support individuals with substance misuse will be in the Weekly Warmer free café available to chat.

Working Wardrobe (book only)
10:30am-3pm

They provide a personal styling service which gives people the outfit and confidence they need to get the job that they deserve, removes that barrier.

Volunteer Advice Drop-In
1pm - 3pm

Our Volunteer Coordinator Kaf is available to talk to about volunteering at the Hall and across Stretford. She can help you find the right volunteering role for you, whatever your reason for volunteering.

Budgeting Support Officer, Trafford Council
1pm - 3pm

Provides support and advice on budgeting, managing rising expenses, accessing available support (eg gas and electricity, cost of food) and increasing rent.

Monthly sessions

1st Tuesday of the month
Age UK Trafford, 10am - 12pm
(book only)

Confidential advice for anyone worried about memory loss, for themselves, or family & friends. Contact Age UK 0161 746 9754 |
urmstonhub@ageuktrafford.org.uk

Energy Works, 9:30am - 12:30pm

Energy saving advice and support with billing and supplier issues. Energy Works can provide free measures to make your home warmer and help to reduce your energy costs.

Community Care Navigators, 11am - 3pm

Are you worried about being isolated or lonely? Worried about a hospital admission? Care Navigators help you to access support for your health and wellbeing.

2nd Tuesday of the month
Family Information Service, 10-1pm

Free, impartial, confidential information & advice to mums, dads, carers, young people and professionals on a range of subjects including, childcare, SEND local offer & support with childcare costs.

Monthly sessions

3rd Tuesday of the month
African Caribbean Care Group
10am - 12pm

ACCG supports people with long term health conditions, physical disabilities, and mental health to access culturally appropriate health care and activities that alleviate the impact of isolation and loneliness.

3rd and 4th Tuesday of the month
Family Hub Navigator
9:30am - 12:30pm

Family Hub Navigators help families access a wide variety of services, signpost to groups or community support, and help your family receive the right help at the right time.

4th Tuesday of the month
Advice on ESOL courses, 10am - 12pm

Signposting and information on English courses in the area for speakers of other languages.

Visit our website for further details
stretfordpublichall.org.uk or
call 0161 989 1689

Stretford Advice Hub

**Face-to-face
support
Every Tuesday**

Stretford Public Hall
Chester Road
M32 0LG

Hall opening hours:
Mon - Fri, 9.30am - 4.30pm

