

Monthly sessions

1st Tuesday of the month

Energy Works 9:30am - 12:30pm

Energy saving advice and support with billing and supplier issues. Energy Works can provide free measures to make your home warmer and help to reduce your energy costs.

Cadent Energy Van 10am-1pm

Providing support from those who need help with energy vouchers, energy debt

Family hub Navigitor 9:30-12:30

Can do referral to little green socks, general Trafford family support, schooling, SEND

2nd Tuesday of the month

Family Information Service 10-1pm

Free, impartial, confidential information & advice to mums, dads, carers, young people and professionals on a range of subjects including, childcare, SEND local offer & support with childcare costs.

3rd Tuesday of the month

African Caribbean Care Group 10am - 12pm

ACCG helps people with health conditions, disabilities, and mental health needs connect with care and reduce isolation.

Achieve 10am-12pm

Achieve support for individuals with substance misuse. They will be around available to chat.

3rd Tuesday of the month

Home Start 9:30am - 12:30pm

Home-Start steps in to offer volunteer-led support to help prevent crisis and family breakdown.

Caritas 9:30am - 12:30pm

Provides a wide range of support for people who are in crisis, disadvantaged, seeking asylum, and experiencing homelessness.

4th Tuesday of the month

Trafford Leisure 9:30am-12:30pm

Support with an affordable way to get fit and to get active in Trafford. A chance to ask questions in person.

Irwell Valley 9:30am-12:30pm

GM housing association. Support local residents with tenancy, rent, ASB, maintenance, budgeting, and housing options.

National Energy Action 9:30-12:30

Independent energy, debt support

Advice on ESOL and other courses 10am - 12pm

Signposting and information on English/other courses in the area for speakers of other languages, from Trafford Council.

Scope 10am-12pm

Offers support and advice for anyone struggling with energy bills. They provide emergency help, tips to cut costs, debt advice, referrals, and more.

Stretford Advice Hub

**FACE-TO-FACE
SUPPORT
EVERY TUESDAY**

Stretford Public Hall
Chester Road
M32 0LG

Hall opening hours:
Mon - Fri, 9.30am - 4.30pm



Weekly sessions

Stretford Community Hub Support **10am - 12pm**

Stretford Public Hall is one of the six community hubs across Trafford, providing advice and guidance to the M32 with food banks, emergency top-ups, support with fuel bills, other food support, and financial assistance. (Support is available throughout the week)

Citizens Advice **9.30am - 3pm**

Confidential and independent advice on legal, debt, consumer, housing and other problems, with advisors from Trafford Citizens Advice.

Housing Options (HOST) **9:30am - 3pm**

Housing and homelessness prevention advice from HOST's officer. They provide information on Trafford Homechoice and give a range of options or signpost to relevant agencies to meet your needs.

L&Q Employment and skills support **9:30-1pm (every 2 weeks)**

Housing provider L&Q are on hand to support their residents in Trafford with employment and skills.

Financial Inclusion Service **(book only)** **9:30-12:30pm**

Foodbank clients have the opportunity to meet with a CA advisor who can help maximise income by looking at issues they may have with the benefits system or debt.

Digital support to get online **10am - 12pm**

Friendly drop-in with Stretford Public Hall volunteers. Get support using your device safely – or borrow one from us!

Employment & Skills Space **10am-12pm**

Practical help looking for anyone looking for Jobs.

Work Well **10am-12pm**

Support for people at risk of unemployment for health-related reasons.

Trafford Carers **10am - 12pm**

Advice & information from the team at Trafford Carers Centre about support and help available to unpaid carers who are caring for someone living in Trafford.

Working Wardrobe (book only) **10:30am-3pm**

They provide a personal styling service which gives people the outfit and confidence they need to get the job that they deserve.

Volunteer Advice Drop-In **1pm - 3pm**

Our Volunteer Coordinator Kaf is available to talk to about volunteering at the Hall and across Stretford. She can help you find the right volunteering role for you.

Budgeting Support Officer, Trafford Council **1pm - 3pm**

Offers support and advice on budgeting, rising costs, accessing help with energy, food, rent, and more.

Free

No need to book!

Visit our website for further details
stretfordpublichall.org.uk
or call 0161 989 1689