

Monthly sessions

1st Tuesday of the month

Energy Works

9:30am - 12:30pm

Free energy and water advice, home safety support, billing and supplier help, plus free small measures and referrals.

Family hub Navigator

9:30-12:30

Helping children, young people and families find local services, groups, practical resources and support to meet their needs.

Trafford and Stockport College

9:30-1pm

Information and advice about adult courses you can take at Trafford College and Stockport

2nd Tuesday of the month

Family Information Service

10-1pm

Free, impartial information and advice on childcare, SEND, funding, services and family support for families and professionals.

Caritas

9:30am - 12:30pm

Provides a wide range of support for people who are in crisis, disadvantaged, seeking asylum, and experiencing homelessness.

3rd Tuesday of the month

African Caribbean Care Group

10am - 12pm

ACCG helps people with health conditions, disabilities, and mental health needs connect with care and reduce isolation.

Caritas

9:30am - 12:30pm

Provides a wide range of support for people who are in crisis, disadvantaged, seeking asylum, and experiencing homelessness.

3rd Tuesday of the month

Home Start

9:30am - 12:30pm

Home-Start steps in to offer volunteer-led support to help prevent crisis and family breakdown.

Achieve

10am-12pm

Achieve support for individuals with substance misuse. They will be around available to chat.

4th Tuesday of the month

Trafford Leisure

9:30am-12:30pm

Support with an affordable way to get fit and to get active in Trafford. A chance to ask questions in person.

Irwell Valley

9:30am-12:30pm

Support local residents with tenancy, rent, ASB, maintenance, budgeting, and housing options.

Advice on ESOL and other courses

10am - 12pm

Signposting & information on English/other courses in the area for speakers of other languages, from Trafford Council.

Refugee and Asylum

10am-12pm

Provides support and advice to refugees and people seeking asylum.

Stretford Advice Hub

**FACE-TO-FACE
SUPPORT
EVERY TUESDAY**

**Stretford Public Hall
Chester Road
M32 0LG**

Hall opening hours:
Mon - Fri, 9.30am - 4.30pm



Weekly sessions

Stretford Community Hub Support

10am - 12pm

Stretford Public Hall is one of the six community hubs across Trafford, providing advice and guidance to the M32 with food banks, emergency top-ups, support with fuel bills, other food support, and financial assistance.

(Support is available throughout the week)

Citizens Advice

9.30am - 3pm

Confidential and independent advice on legal, debt, consumer, housing and other problems, with advisors from Trafford Citizens Advice.

Housing Options (HOST)

9:30am - 3pm

Housing and homelessness prevention advice from HOST's officer. They provide information on Trafford Homechoice and give a range of options or signpost to relevant agencies to meet your needs.

Trafford North Foodbank

9:30am-1pm

You can receive emergency food parcels and practical crisis support through the Trafford North Foodbank referral system.

Get online with our digital volunteers

10am - 2pm

Friendly drop-in with Stretford Public Hall volunteers. Get support using your device safely – or borrow one from us!

Employment & Skills Space

10am-12pm

Practical help looking for anyone looking for Jobs.

Work Well

10am-12pm

Support for people at risk of unemployment for health-related reasons.

Financial Inclusion Service (book only)

9:30-12:30pm

Foodbank clients have the opportunity to meet with a CA advisor who can help maximise income by looking at issues they may have with the benefits system or debt.

Trafford Carers

10am - 12pm

Advice & information from the team at Trafford Carers Centre about support and help available to unpaid carers who are caring for someone living in Trafford.

Welfare Rights/House Project

10am-12pm

The House Project in Trafford is a local initiative that helps young care leavers create their own independent homes and learn essential life skills

Volunteer Advice Drop-In

1pm - 3pm

Our Volunteer Coordinator Kaf is available to talk to about volunteering at the Hall and across Trafford. She can help you find the right volunteering role for you.

Budgeting Support Officer, Trafford Council

1pm - 3pm

Offers support and advice on budgeting, rising costs, accessing help with energy, food, rent, and more.

Free

No need to book!

Visit our website for further details
stretfordpublichall.org.uk
or call 0161 989 1689